Course Description

The University of Ottawa, Office of Continuing Professional Development is pleased to offer this 2-day course which will offer a spectrum of both core and cutting edge topics relevant to the practice of adult and pediatric emergency medicine in Canadian academic health science centres, as well as community and rural settings.

*subject to change

For further information, please contact the Office of CPD:
Tel: 613-761-4480 ext: 1 | Fax: 613-761-5262 | Email: cpd@toh.on.ca
www.med.uottawa.ca/cme
The National Capital Conference on Emergency Medicine (NCCEM) is designed to provide practicing Emergency Physicians with an evidence-based update on a wide variety of emergency medicine topics. The conference will feature a combination of exciting and engaging keynote presentations, hands-on workshops, short snapper sessions and interactive networking opportunities with colleagues and industry partners.

This 2-day conference (February 10 & 11) will offer a spectrum of both core and cutting edge topics relevant to the practice of adult and pediatric emergency medicine in Canadian academic health science centres as well as community and rural settings.

After taking part in the 2017 National Capital Conference on Emergency Medicine, participants will be able to:

• Employ up-to-date and evidence-based approaches to the diagnosis and management of medical and surgical emergencies in both adult and pediatric populations.
• Integrate new and essential hands-on skills required in the treatment of both pediatric and adult patients.

The 2017 National Capital Conference on Emergency Medicine will be hosted at the iconic Fairmont Château Laurier located in the heart of downtown Ottawa. Attendees requiring accommodation can take advantage of the special discounted rate available for the duration of the conference and pre-conference events. As the conference is held during Winterlude, a popular event that attracts national and international visitors, hotel accommodations can be limited and expensive; therefore we encourage you to reserve your guestroom(s) early!

Room Details and Rates:
The room rates below are based on single and double occupancy, and do not include applicable taxes. Each additional third and fourth guest sharing a room will be charged $40 extra per night. There will be no charge for children up to and including the age of 18 years who share with their parents.

<table>
<thead>
<tr>
<th>Room Type</th>
<th>Rate</th>
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<tbody>
<tr>
<td>Fairmont</td>
<td>$254</td>
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<tr>
<td>Fairmont with View</td>
<td>$304</td>
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<tr>
<td>Deluxe</td>
<td>$334</td>
</tr>
<tr>
<td>Fairmont Gold</td>
<td>$404</td>
</tr>
</tbody>
</table>

Reservations must be made by January 9, 2017 or until the room block is full in order to qualify for the group rate. Reservations made after the deadline date, or once the room block has reached capacity will be confirmed based on rate and space availability at the discretion of the Chateau Laurier’s reservation agents.

To book your reservations online, please visit the following link: https://aws.passkey.com/e/15682362

To book your reservations by telephone, please call toll free 1-800-441-1414 and inform the reservation agent that you are with the NCCEM 2017 Group.

Winterlude Festival
(February 3 – February 20, 2017)

Each year, Canada’s National Capital region is host to Winterlude, the Capital’s winter celebration that was created in 1979 to celebrate Canada’s unique northern climate and culture.

Skate on the world’s largest skating rink, check out the ice sculpture competitions or play at North America’s largest snow playground! There’s fun for the entire family! Join the 2017 festivities in Ottawa!
CEMO Simulation Day: High-fidelity Resuscitation and Skills

Course Description
The Community Emergency Medicine Outreach (CEMO) Simulation Day is a hands-on, one-day course designed for community physicians looking to enhance skills in resuscitation and emergency procedures. Participants learn to improve communication and teamwork by applying principles of Crisis Resource Management. You'll participate in resuscitation cases that are relevant to the community physician, using high-fidelity mannequins that can talk, breathe, and be examined and resuscitated. You'll have great opportunities to practice important emergency procedural skills, guided by expert instructors. The low participant-instructor ratio optimizes hands-on practice, feedback and clinical decision-making.

CEMO Simulation Day Learning Objectives:
• Describe the key principles of Crisis Resource Management to optimize team performance in resuscitations
• Apply Crisis Resource Management principles in hands-on resuscitation scenarios
• List emergency indications for and demonstrate a surgical airway
• List emergency indications for and demonstrate intra-osseous needle insertion
• List emergency indications for and demonstrate nasopharyngeal endoscopy
• Demonstrate use of a tonometry pen device, dilating drops and panoptic scope in the assessment of ocular emergencies

Course Dates and Location:
Thursday, February 9, 2017
University of Ottawa, Skills and Simulation Centre
725 Parkdale Avenue, Ottawa, ON, K1Y 4E9

For further course information, please contact:
Josiane Beausoleil, Program Coordinator,
Department of Emergency Medicine
Email: jbeausoleil@toh.ca
Telephone: 613-798-5555 ext 19255

Advanced Cardiac Life Support (ACLS): Update Course

Course Description
This ACLS Update course is for health-care providers who have previous ACLS training. We provide an evidence-based approach to the new CPR and ACLS guidelines. The main focus of this session is for individuals to become more comfortable and competent in recognizing and managing cardiac emergencies and cardiac arrest. The course consists of interactive sessions and small group hands-on workshops in:

ACLS Course Content
• airway management, intubation
• defibrillation, cardioversion, and external pacing
• dysrhythmia recognition and treatment
• simulated cardiac arrest scenarios including advanced scenarios (toxicology, MI, anaphylaxis, CHF)

Participants will have an opportunity to practice as a team leader in simulations using the principles of crisis resource management to optimize team performance.

Course Date and Location:
Thursday, February 9, 2017
08:30 – 17:00
The Ottawa Hospital (Civic Campus)
1053 Carling Avenue, Ottawa, ON

For further course information, please contact:
Josiane Beausoleil, Program Coordinator,
Department of Emergency Medicine, Email: acl@toh.ca
Telephone: 613-798-5555 ext 19255

To register for the course, please visit:
http://www.emottawacls.ca/course-dates.html

Please note there is a maximum of 20 registrants for the course; therefore, registrations will be accepted on a first come, first served basis.

Don't miss out on these interactive pre-cons to enhance your skills!
**Program at a Glance | Friday, February 10, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Lecturer(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30AM - 8:15AM</td>
<td><strong>Registration and Networking Breakfast</strong></td>
<td></td>
</tr>
<tr>
<td>8:15AM - 8:30AM</td>
<td><strong>Welcome and Introductions</strong></td>
<td></td>
</tr>
<tr>
<td>8:30AM - 9:15AM</td>
<td><strong>Top 10 Peds Articles</strong></td>
<td>Dr. Stuart Harman</td>
</tr>
<tr>
<td>9:15AM - 10:00AM</td>
<td><strong>Choosing Wisely</strong></td>
<td>Dr. Atul Kapur and Dr. Jean Chen</td>
</tr>
<tr>
<td>10:00AM - 10:30AM</td>
<td><strong>Nutrition and Networking Break</strong></td>
<td></td>
</tr>
<tr>
<td>10:30AM - 11:00AM</td>
<td><strong>Ultrasound Debate: Is POCUS Standard of Care?</strong></td>
<td>Dr. Paul Pageau and Dr. Hans Rosenberg</td>
</tr>
<tr>
<td>11:00AM - 11:30AM</td>
<td><strong>The Green Emergency: Targeted “Cooling” in the ED</strong></td>
<td>Dr. Curtis Lavoie</td>
</tr>
<tr>
<td>11:30AM - 12:00PM</td>
<td><strong>Stroke Update in Emergency Medicine</strong></td>
<td>Dr. Eric Clark</td>
</tr>
<tr>
<td>12:00PM - 1:00PM</td>
<td><strong>Lunch and Networking Break</strong></td>
<td></td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F1 - Ectopic Brain: Apps and Websites to Help You Before, During and After Your Shift</strong></td>
<td>Dr. Hans Rosenberg and Dr. Charles Su</td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F2 - Vasopressors in Shock</strong></td>
<td>Dr. George Mastoras</td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F3 - Deadly in a Dose</strong></td>
<td>Dr. Lisa Thurgur</td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F4 - Rural Procedural Sedation</strong></td>
<td>Dr. James Curran</td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F5 - Peds Resuscitation</strong></td>
<td>Dr. Patrick Weldon</td>
</tr>
<tr>
<td>1:00PM - 1:45PM &amp; 2:00PM - 2:45PM</td>
<td><strong>F6 - Deadly ECGs You Can’t Miss</strong></td>
<td>Dr. Ashley Krywenky</td>
</tr>
<tr>
<td>2:45PM - 3:10PM</td>
<td><strong>Nutrition and Networking Break</strong></td>
<td></td>
</tr>
<tr>
<td>3:10PM - 3:30PM</td>
<td><strong>Mental Health Resources</strong></td>
<td>Dr. Michael Cheng</td>
</tr>
<tr>
<td>3:30PM - 3:50PM</td>
<td><strong>Syncope Rule</strong></td>
<td>Dr. Venkatesh Thiruganasambandamoorthy</td>
</tr>
<tr>
<td>3:50PM - 4:10PM</td>
<td><strong>The Bleeding Trauma Patient</strong></td>
<td>Dr. Tighe Crombie</td>
</tr>
<tr>
<td>4:10PM - 4:30PM</td>
<td><strong>ACLS Updated Guidelines</strong></td>
<td>Dr. Brian Weitzman</td>
</tr>
</tbody>
</table>
**Program at a Glance | Saturday, February 11, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM - 8:15 AM</td>
<td><strong>Registration and Networking Breakfast</strong></td>
</tr>
<tr>
<td>8:15 AM - 8:30 AM</td>
<td><strong>Welcome and Introductions</strong></td>
</tr>
<tr>
<td>8:30 AM - 9:15 AM</td>
<td><strong>Morning Lectures</strong>&lt;br&gt;<strong>Top 10 Adult Articles</strong>&lt;br&gt;- Apply the latest evidence to day to day clinical practice in the Emergency Department.</td>
</tr>
<tr>
<td>9:15 AM - 10:00 AM</td>
<td><strong>The Big 3: A Concise and Practical Approach to Vertigo</strong>&lt;br&gt;-**</td>
</tr>
<tr>
<td>10:00 AM - 10:30 AM</td>
<td><strong>Nutrition and Networking Break</strong></td>
</tr>
<tr>
<td>10:30 AM - 11:00 AM</td>
<td><strong>Morning Lectures</strong>&lt;br&gt;<strong>Abdominal Trauma in Peds (using FAST)</strong>&lt;br&gt;- List limitations of abdominal imaging in pediatric trauma.&lt;br&gt;- Describe injury history and physical examination which may increase risk of abdominal injury.</td>
</tr>
<tr>
<td>11:00 AM - 11:30 AM</td>
<td><strong>Is There a Doctor Aboard?</strong>&lt;br&gt;- Identify the legal aspects of treating someone outside of the ED (know your legal risks and obligations).&lt;br&gt;- Identify and use the medical kit carried on commercial airplanes.</td>
</tr>
<tr>
<td>11:30 AM - 12:00 PM</td>
<td><strong>Congenital Heart Disease</strong>&lt;br&gt;- Identify a child at risk of congenital heart disease.&lt;br&gt;- Describe investigations and treatments needed for common cardiac pathologies.</td>
</tr>
<tr>
<td>12:00 PM - 1:00 PM</td>
<td><strong>Lunch and Networking Break</strong></td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>Breakout Workshops (45 min sessions - Choose 2)</strong>&lt;br&gt;<strong>S1 - Be the New Kid on the &quot;BLOCK&quot;: A practical and hands-on approach to the use of regional anesthesia techniques in the ED</strong>&lt;br&gt;- Identify indications, contraindications and a general approach to regional anesthesia in the ED&lt;br&gt;- Identify common pitfalls and complications with regional anesthesia in the ED&lt;br&gt;- Utilize regional anesthesia hands-on procedures in orthopedics, plastics, dental, and acute pain management.</td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>S2 - Child Protection (Medical and Case-Based)</strong>&lt;br&gt;- Identify injury patterns and anatomical variations which may be associated with child maltreatment.&lt;br&gt;- Know what to do when you suspect an injury may be due to child maltreatment (communication with caregiver/reporting/referral).</td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>S3 - Commonly Missed Fractures</strong>&lt;br&gt;- Identify pediatric fractures that are frequently missed.</td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>S4 - Killing the Code Status: An Ethical Approach to End of Life Decision Making in the ED</strong>&lt;br&gt;- Navigate the rapidly changing landscape of end-of-life law and policy.&lt;br&gt;- Head to your next shift equipped with a simple, flexible, and ethically sound model for helping patients and their families with end-of-life decision making in an emergency.</td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>S5 - Ultrasound-Assisted CPR? Isn't There Enough to Do During a Code?</strong>&lt;br&gt;- Airway: Learn how PoCUS can help confirm proper ETT placement.&lt;br&gt;- Hs and Ts: Use PoCUS to narrow down the potential etiology of your patient’s cardiac arrest.&lt;br&gt;- Procedures: See how bedside ultrasound can help you perform cricothyrotomy and pericardiocentesis.&lt;br&gt;- Prognosis: Evaluate if bedside echocardiography can tell you when to consider termination of resuscitative efforts.</td>
</tr>
<tr>
<td>1:00 PM - 1:45 PM &amp; 2:00 PM - 2:45 PM</td>
<td><strong>S6 - Electrolyte Cheat Sheet</strong>&lt;br&gt;- Identify and treat electrolyte abnormalities in critically ill patients.</td>
</tr>
<tr>
<td>2:45 PM - 3:10 PM</td>
<td><strong>Nutrition and Networking Break</strong></td>
</tr>
<tr>
<td>3:10 PM - 3:30 PM</td>
<td><strong>Afternoon Short Snapper Sessions (20 minutes each)</strong>&lt;br&gt;<strong>Today's Top Infections that Could Land in your ED</strong>&lt;br&gt;- Identify the emerging global infectious disease threats for 2017 and which infections could land in your ED.&lt;br&gt;- Prepare for safe ED triage and life-saving interventions for 2017 emerging infections.</td>
</tr>
<tr>
<td>3:30 PM - 3:50 PM</td>
<td><strong>Abnormal Uterine Bleeding</strong>&lt;br&gt;- Use an algorithm to treat patients with abnormal uterine bleeding in the Emergency Department.</td>
</tr>
<tr>
<td>3:50 PM - 4:10 PM</td>
<td><strong>Pediatric Anaphylaxis</strong>&lt;br&gt;- Identify risk factors in rebound allergic reactions and manage a child in anaphylaxis.</td>
</tr>
<tr>
<td>4:10 PM - 4:30 PM</td>
<td><strong>PALS Updated Guidelines</strong>&lt;br&gt;- Recognize and treat infants and children at risk for cardiopulmonary arrest.&lt;br&gt;- Outline the updates of the most recent PALS guidelines.</td>
</tr>
</tbody>
</table>
The Ottawa Hospital and the Children's Hospital of Eastern Ontario Departments of Emergency Medicine extend special thanks to the following individuals who participated in the planning of this event:

**Event Co-Chairs:**
Dr. Christine Johns, Emergency Physician, The Ottawa Hospital (TOH)
Dr. Terry Varshney, Emergency Physician, Children's Hospital of Eastern Ontario (CHEO)

**Planning Committee Members:**
Dr. Sarah Addleman, Emergency Physician, TOH
Ms. Josiane Beausoleil, Education/Program Coordinator, TOH
Dr. Joanna Bostwick, Emergency Physician, Montfort Hospital
Dr. Jean Chen, Emergency Physician, TOH
Ms. Cheryl Geymonat, Executive Director, Department of Emergency Medicine, TOH
Dr. Jennifer Leppard, Emergency Physician, TOH
Dr. Barbara Miller, Emergency Physician, TOH
Dr. Christopher Nussbaum, Emergency Physician, TOH
Ms. Sophia Pacheco, Conference Planner, Office of CPD
Ms. Cari Poulin, Emergency Nurse Educator, TOH
Dr. Mark Reardon, Emergency Physician, TOH
Dr. Chuck Su, Emergency Physician, Winchester District Memorial Hospital
Dr. Shaun Visser, Medical Director, Montfort Hospital
Dr. Debra Weatherhead, Chief of Emergency Medicine, Queensway Carleton Hospital
Dr. Brian Weitzman, ACLS & Simulation Director, TOH
Dr. Marianne Yeung, Director, Community Emergency Medicine Outreach Program, TOH
Dr. Stella Yiu, Emergency Physician, TOH
Dr. Charles Zhao, Emergency Physician, TOH

**Accreditation Information**

**Advanced Cardiac Life Support (ACLS): Update Course**
This program meets the accreditation criteria of the Royal College of Physicians and Surgeons of Canada for up to 2 credits per hour of course under Section 2, Traineeships. This program also meets the accreditation criteria of the College of Family Physicians of Canada for up to 3.5 Mainpro-C credits or 7 Mainpro-M1 credits.

**Community Emergency Medicine Outreach (CEMO) Program Simulation Day: High-fidelity Resuscitation and Skills**
This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa’s Office of Continuing Professional Development for up to 7.0 Mainpro+ credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 7.0 credits. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

**National Capital Conference on Emergency Medicine**
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**Course Presentations**
To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our website as soon as they become available. We cannot guarantee that all course materials will be posted on the website.

**Disclosure**
Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

**Freedom of Information and Privacy Act**
This information is protected and is being collected pursuant to the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). By registering with the University of Ottawa for its program or courses, you agree to the Information and Privacy Act. The University of Ottawa is committed to maintaining and protecting the confidentiality and privacy of your personal information. Only authorized employees, whose official duties so require, are allowed to view your information.

**Liability**
The University of Ottawa, Office of Continuing Professional Development (CPD) assumes no liability for any claims, personal injury or damage:
- to any individual attending this conference;
- that may result from the use of technologies, program, products and/or services at this conference;
- that may arise out of, or during this conference.

**Course Cancellation Policy**
The University of Ottawa, CPD reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for courses cancelled by the University of Ottawa, CPD will be refunded; however the University of Ottawa, CPD will not be liable for any loss, damages or other expenses that such cancellation may cause.

**Mark Your Calendar**

<table>
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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>December 2, 2016</td>
<td>Neurology for Primary Care</td>
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<tr>
<td>The Ottawa Hospital, Civic Campus</td>
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<tr>
<td>January 27, 2017</td>
<td>Better Prescribing for Primary Care</td>
</tr>
<tr>
<td>The Ottawa Hospital, Civic Campus</td>
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<tr>
<td>March 31, 2017</td>
<td>Primary Care Congress</td>
</tr>
<tr>
<td>St. Elias Banquet Centre</td>
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<tr>
<td>April 26 - 28, 2017</td>
<td>66th Annual Refresher Course for Family Physicians</td>
</tr>
<tr>
<td>Ottawa Conference and Event Centre</td>
<td></td>
</tr>
</tbody>
</table>
February 10 & 11, 2017
Fairmont Château Laurier, Ottawa, ON

REGISTRATION INFORMATION

• No registration form will be processed without the full registration fee included.
• Post-dated cheques are not accepted.
• Refunds less $75 administrative charge will be issued for cancellations received in writing by January 9, 2017. No refund will be issued for cancellations received after that date.
Refund cheques will be sent after the event.

REGISTRATION INFORMATION

First Name: ________________________________________  Last Name: _________________________________________________
Address: ______________________________________________________________________________________________________
City: _________________________________________________   Province: _________   Postal Code: __________________________
Email: ____________________________________________________________
Telephone: ________________________ Fax: ___________________________
Please specify: ____________________________

February 10 & 11, 2017
Fairmont Château Laurier, Ottawa, ON

WORKSHOPS
Indicate your workshop preferences:

1st choice: ___________ _____________
2nd choice: ___________ _____________
Alternate: ___________ _____________

DAILY FEES

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<th>EARLY BIRD 1 Day On/after Jan. 9</th>
<th>EARLY BIRD 2 Days On/after Jan. 9</th>
<th>REGULAR FEE 1 Day On/after Jan. 10</th>
<th>REGULAR FEE 2 Days On/after Jan. 10</th>
<th>TOTAL 1 or 2 days</th>
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<td>$670</td>
<td>$470</td>
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<tr>
<td>Other Health Prof.</td>
<td>$335</td>
<td>$535</td>
<td>$390</td>
<td>$615</td>
<td></td>
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<tr>
<td>*Residents</td>
<td>$335</td>
<td>$535</td>
<td>$390</td>
<td>$615</td>
<td>$615</td>
</tr>
</tbody>
</table>

TOTAL AMOUNT NCCEM: ___________________

* A letter from your Program Director verifying Resident status must accompany registration form to receive discounted rate. Must register by mail or fax only.

METHODS OF PAYMENT

Credit Card: □ VISA       □ MasterCard      □ Cheque

Card Number: ___________________________ Exp. date: _____/______
Name on Card: ________________________________________________________
Signature: ______________________________ Authorized Amount: $ ____________

If paying by credit card, you may fax or mail the completed form: Fax: 613-761-5262

For further course information, please contact:
Josiane Beausoleil, Program Coordinator, Department of Emergency Medicine
Email: jbeausoleil@toh.ca
Telephone: 613-798-5555 ext 19255

Thursday, February 9, 2017
CEMO Simulation Day: High-fidelity Resuscitation and Skills
University of Ottawa, Skills and Simulation Centre

For further course information, please contact:
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Email: acls@toh.ca, Telephone: 613-798-5555 ext 19255
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