THE 38th ANNUAL
PEDIATRIC REFRESHER COURSE

OCTOBER 25th & 26th, 2013

The Ottawa Convention Centre
55 Colonel By Drive, Ottawa

ACCOMMODATION:
The Westin Ottawa
11 Colonel By Drive, Ottawa

RESERVATIONS:
1-800-westin1 (1-800-937-8461)

A block of rooms has been reserved at the rate of $199 plus tax (Traditional Room), available before September 24, 2013. Ask for the “Children’s Hospital Room Block”. Registrants are requested to book directly with the hotel.

EDUCATIONAL GRANTS HAVE BEEN PROVIDED BY:
Abbvie
Takeda
Mead Johnston Nutrition

EXHIBIT BOOTHS STAFFED BY:
CHEO Child Life
CHEO Family Resource Library

THE PEDIATRIC REFRESHER COURSE ADHERES TO THE UNIVERSITY OF OTTAWA OFFICE OF CONTINUING MEDICAL EDUCATION POLICY ON RELATIONSHIPS WITH INDUSTRY.
COURSE CREDITS
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 15 credits. This program has also been accredited for up to 15 Mainpro-M1 credits. This program has been reviewed and approved by the University of Ottawa Office of Continuing Medical Education.

COURSE DESCRIPTION
The Pediatric Refresher Course provides an opportunity for health care providers to learn about new developments in the care of children and adolescents. Participants interact with pediatric experts on a wide variety of practical pediatric issues in a comfortable and supportive learning environment. Through large group lectures, small group case-based seminars and quick “practice changers”, participants will discuss and apply new knowledge and skills and determine specific changes for their practice setting.

COURSE OBJECTIVES
After attending this course, participants will be able to:
• describe current issues in pediatric clinical practice.
• identify and manage common and important medical problems in children and youth.
• use up-to-date and evidence-based strategies to manage pediatric medical problems.
Specific objectives for each session will be described by individual presenters.

TARGET AUDIENCE
• Pediatricians, Family Physicians, Pediatric & Family Medicine Residents, Nurses, Nurse Practitioners and other Health Professionals interested in Child Health.

PLANNING COMMITTEE
Dr. Sarah Reid, Dr. Paul Hendry, Dr. Thérèse Hodgson, Dr. Chuck Hui, Dr. David Huot, Dr. Mona Jabbour, Dr. Laura Lewin, Dr. James McConville, Dr. Asha Nair, Dr. Sumeet Sadana, Ms. Mary Collens, RN

ENQUIRIES
Louise Lafleur, Coordinator, Office of Continuing Medical Education
Children’s Hospital of Eastern Ontario, Ottawa, Canada K1H 8L1
Tel: (613) 737-2285 Fax: (613) 738-4886 E-mail: lafleur@cheo.on.ca

For more information on seminar/plenary descriptions please visit the Medical Education website.
www.pediatrics.uottawa.ca
### FRIDAY, October 25, 2013

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<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker</th>
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<tr>
<td>7:30 – 8:00</td>
<td><strong>REGISTRATION</strong> (Rideau Canal Atrium Alcove)</td>
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<td>CHAIR Dr. Sumeet Sadana</td>
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<td>8:00 – 8:10</td>
<td><strong>OPENING REMARKS</strong> (Room 206/208, Level 2)</td>
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<tr>
<td>8:10 – 9:00</td>
<td>2013 Clinical Practice Guideline Update</td>
<td>Dr. Anne Rowan-Legg</td>
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<td>9:00 – 10:00</td>
<td>Recent Pediatric Articles</td>
<td>Dr. Marc Zucker</td>
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<td>10:00 – 10:30</td>
<td><strong>NUTRITION BREAK</strong> (Room 205/207, Level 2)</td>
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<tr>
<td>10:30 – 10:50</td>
<td>Type 1 Diabetes in 2013</td>
<td>Dr. Caroline Zuijdwijk</td>
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<td>10:50 – 11:10</td>
<td>Constipation Update</td>
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<td>Taking Technology to the Toddler: Useful Apps for the Busy Doc</td>
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<td>Pediatric Pneumonia — it just got easier!!</td>
<td>Dr. Nicole Le Saux</td>
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<td>11:50 – 12:10</td>
<td>GERD Update</td>
<td>Dr. Janice Barkey</td>
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<td>12:10 – 1:00</td>
<td><strong>LUNCHEON</strong> (Room 205/207, Level 2)</td>
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<td>1:00 – 1:20</td>
<td>Another Jaundiced Baby... How the Regional Screening Guideline Can Help</td>
<td>Dr. JoAnn Harrold</td>
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<td>Management of Common Pediatric Fractures</td>
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<td>Shoo flu, go away — An Influenza Update</td>
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**FRIDAY, October 25, 2013 cont’d**

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<tr>
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<tr>
<td>2:05 – 3:05</td>
<td><strong>SEMINARS — Session #1</strong></td>
<td>Dr. Juan Bass</td>
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<tr>
<td></td>
<td>A1 Common Pediatric Surgical Issues</td>
<td>Dr. Juan Bass</td>
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<td>Dr. Anne Pham Huy</td>
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<td>D1 Managing Feeding Challenges —</td>
<td>Carrie Owen, Chantal Lessard &amp; Virginia Bourget</td>
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<td>An Interprofessional Approach</td>
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<td>3:05 – 3:20</td>
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<td><strong>SEMINARS — Session #1 (repeated)</strong></td>
<td>Dr. Juan Bass</td>
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<td>A2 Common Pediatric Surgical Issues</td>
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<td>4:25 – 5:30</td>
<td><strong>PEDIATRIC DERMATOLOGY REVIEW</strong></td>
<td>Dr. Simone Fahim</td>
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<td>5:30 – 5:40</td>
<td><strong>CLOSING REMARKS</strong></td>
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**SATURDAY, OCTOBER 26, 2013**

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<td>8:00 – 8:10</td>
<td><strong>OPENING REMARKS</strong> (Room 206/208, Level 2)</td>
<td>Dr. Maggie Mamen, Dr. Hazen Gandy &amp; Dr. Megan Harrison</td>
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<td>8:10 – 9:45</td>
<td>Panel Discussion: Empowering Parents</td>
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<td>9:45 – 10:15</td>
<td><strong>NUTRITION BREAK</strong> (Room 205/207, Level 2)</td>
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<td>10:15 – 11:15</td>
<td><strong>SEMINARS — Session #2</strong></td>
<td>Dr. Tom Kovesi</td>
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<td>F1 Asthma in the Trenches:</td>
<td>Dr. Tom Kovesi</td>
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<td>Learning from Cases from the Real World</td>
<td>Dr. Ross Berringer</td>
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<td>G1 CMPA-Medicolegal Risks</td>
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SUNDAY, OCTOBER 26, 2013 cont’d

11:20 – 12:20  SEMINARS — Session #2 (repeated)
F2 Asthma in the Trenches: Learning from Cases from the Real World
G2 CMPA-Medicolegal Risks
H2 Diagnosis and Initial Management of the Child with Concussion
I2 Calming Bloody Chaos: Interpreting a CBC
J2 Allergy / Food Sensitivity

12:20 – 1:15  LUNCHEON (Room 205/207, Level 2)

1:15 – 2:15  Victor Marchessault Memorial Lecture
Mental Health and the Pampered Generation

2:20 – 3:20  SEMINARS — Session #3
K1 ADHD – What’s New?
L1 Street Drugs 101

M1 Approach to the –urias
N1 Transition to Adult Care
O1 Pediatric Sports Medicine

3:20 – 3:35  BREAK (Room 205/207, Level 2)

3:35 – 4:35  SEMINARS — Session #3 (repeated)
K2 ADHD – What’s New?
L2 Street Drugs 101

M2 Approach to the –urias
N2 Transition to Adult Care
O2 Pediatric Sports Medicine

4:40 – 5:35  IMMUNIZATION UPDATE (Room 206/208, Level 2)

5:35 – 5:50  CLOSING REMARKS
# GUEST FACULTY

Dr. Maggie MAMEN  
Clinical Psychologist, Ottawa

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## FACULTY

<table>
<thead>
<tr>
<th>Name</th>
<th>Position/Institution</th>
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<tbody>
<tr>
<td>Dr. Dhiraj AGGARWAL</td>
<td>Assistant Professor, University of Ottawa, Department of Psychiatry, CHEO</td>
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<tr>
<td>Dr. Janice BARKEY</td>
<td>Assistant Professor, University of Ottawa, Division of Pediatric Gastroenterology,</td>
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<td>Hepatology &amp; Nutrition, CHEO</td>
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<tr>
<td>Dr. Juan BASS</td>
<td>Associate Professor, University of Ottawa, Department of Surgery, CHEO</td>
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<tr>
<td>Dr. Ross BERRINGER</td>
<td>Physician Risk Manager, CMPA, Staff Physician Ottawa Hospital Emergency, Honorary</td>
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<td></td>
<td>Lecturer, UBC</td>
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<tr>
<td>Dr. Amanda BLACK</td>
<td>Associate Professor, University of Ottawa, Department of Obstetrics and Gynecology,</td>
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<td>The Ottawa Hospital, Division of Pediatric and Adolescent Gynecology, CHEO</td>
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<tr>
<td>Virginia BOURGET, PhD, CPych</td>
<td>Department of Psychology, Rehabilitation Department, CHEO</td>
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<td>Staff Sergeant Gary CASHMAN</td>
<td>Ontario Provincial Police</td>
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<tr>
<td>Dr. Michael CLARK</td>
<td>Pediatrician</td>
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<tr>
<td>Ms. Mary COLLENS, RN</td>
<td>Community Pediatrician’s Office, Ottawa, Member, CME Committee, CHEO</td>
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<tr>
<td>Dr. Simone FAHIM</td>
<td>Assistant Professor, University of Ottawa, Department of Medicine, Division of</td>
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<td>Dermatology, The Ottawa Hospital</td>
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<td>Dr. Annick FOURNIER</td>
<td>Assistant Professor, University of Ottawa, Eye Institute, Department of Ophthalmology,</td>
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<td>Dr. Hazen GANDY</td>
<td>Head, Division of Child and Adolescent Psychiatry, University of Ottawa, Division</td>
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<td>Chief of Community-Based Mental Health Services, CHEO</td>
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<td>Dr. Kristian GOULET</td>
<td>Medical Director, Eastern Ontario Concussion Clinic &amp; Pediatric Sports Medicine</td>
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<td>Clinic of Ottawa</td>
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<td>Dr. Antony HAM PONG</td>
<td>Lecturer, Department of Pediatrics, University of Ottawa, Consultant, Allergy, Asthma</td>
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<td>&amp; Immunology, Private Practice &amp; CHEO</td>
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<tr>
<td>Dr. Megan HARRISON</td>
<td>Assistant Professor, University of Ottawa, Division of Pediatric and Adolescent</td>
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<td>Health, CHEO</td>
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<td>Dr. JoAnn HARROLD</td>
<td>Assistant Professor, University of Ottawa, Division of Neonatology, CHEO</td>
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<tr>
<td>Dr. Paul HENDRY</td>
<td>Assistant Dean, Continuing Medical Education, University of Ottawa, Member, CME</td>
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<td>Committee, CHEO</td>
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<tr>
<td>Dr. Elisabeth HOBDEN</td>
<td>Assistant Professor, University of Ottawa, Ottawa Sport Medicine Centre, Department</td>
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<td>of Emergency Medicine, The Ottawa Hospital</td>
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<td>Dr. Thérèse HODGSON</td>
<td>Department of Family Medicine, University of Ottawa, Member, CME Committee, CHEO</td>
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<td>Dr. Charles HUI</td>
<td>Associate Professor, University of Ottawa, Division of Pediatric Infectious Diseases,</td>
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<td>CHEO, Member, CME Committee, CHEO</td>
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<tr>
<td>Dr. David HUOT</td>
<td>Clinical Lecturer, Division of Pediatric Community Medicine, Department of Pediatrics,</td>
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<td>CHEO, Member, CME Committee, CHEO</td>
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<tr>
<td>Dr. Mona JABBOUR</td>
<td>Associate Professor of Pediatrics, University of Ottawa, Vice Chief/Chair, Department</td>
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<td>of Pediatrics, Department of Pediatric Emergency Medicine, CHEO, Member, CME Committee,</td>
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<tr>
<td>Dr. Tom KOVESI</td>
<td>Professor, University of Ottawa, Division of Pediatric Respirology, CHEO</td>
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<td>Dr. Nicole Le SAUX</td>
<td>Associate Professor, University of Ottawa, Division of Pediatric Infectious Diseases,</td>
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<td>Chantal LESSARD, MHSc(C), SLP Reg, CALSPPO</td>
<td>Speech Language Pathology Service, Rehabilitation Department, CHEO</td>
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<tr>
<td>Dr. Laura LEWIN</td>
<td>Community Family Physician, Member, CME Committee, CHEO</td>
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<tr>
<td>Dr. Eileen McBRIE</td>
<td>Assistant Professor, University of Ottawa, Department of Pediatrics, Montfort Hospital</td>
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October 25th and 26th, 2013
THE OTTAWA CONVENTION CENTRE

FACULTY  cont’d

Dr. James McCONVILLE
Division of Pediatric Community Medicine, CHEO
Member, CME Committee, CHEO

Dr. Asha NAIR
Assistant Professor, University of Ottawa
Division of Developmental Pediatrics, CHEO
Member, CME Committee, CHEO

Dr. Gina NETO
Assistant Professor, University of Ottawa
Division of Emergency Medicine, CHEO

Carrie OWEN, OT Reg. (ON)
Occupational Therapy Service
Rehabilitation Department, CHEO

Dr. Anne PHAM HUY
Assistant Professor, University of Ottawa
Division of Pediatric Infectious Diseases, CHEO

Dr. Amy PLINT
Associate Professor, University of Ottawa
Division of Emergency Medicine, CHEO

Dr. Sarah REID
Assistant Professor, University of Ottawa
Division of Emergency Medicine, CHEO
Chair, CME Committee, CHEO

Dr. Anne ROWAN-LEGG
Assistant Professor, University of Ottawa
Division of Pediatric Medicine, CHEO

Dr. Sumeet SADANA
Chief, Department of Pediatrics
Queensway Carleton Hospital
Member, CME Committee, CHEO

Dr. Lindy SAMSON
Associate Professor, University of Ottawa
Division of Pediatric Infectious Diseases, CHEO

Dr. Anne TSAMPALIEROS
Assistant Professor, University of Ottawa
Division of Pediatric Nephrology, CHEO

Dr. Roger ZEMEK
Assistant Professor, University of Ottawa
Director of Research, Division of Emergency Medicine, CHEO
Chair, Pediatric Concussion Guideline Development for Ontario

Dr. Marc ZUCKER
Assistant Professor, University of Ottawa
Acting Head, Division of Pediatric Medicine, CHEO

Dr. Caroline ZUIJDWIJK
Assistant Professor, University of Ottawa
Division of Pediatric Endocrinology and Metabolism, CHEO
COURSE REGISTRATION

ONLINE REGISTRATION NOW AVAILABLE

For more information on seminar/plenary descriptions please visit the Medical Education website.
www.pediatrics.uottawa.ca

Remember to include your seminar choices!

Name: ________________________________

Address

Number          Street/Avenue     Suite

City/Town                                                                                                 Province   Postal Code

Telephone: (      )                                                 (      )

Residence                            Business

e-mail address: ________________________________

☐ Pediatrician   ☐ Family Physician   ☐ RN/Nurse Practitioner   ☐ Resident   ☐ Other

PAYMENT: Please make cheque payable to: CONTINUING MEDICAL EDUCATION – CHEO

Handouts: ☐ USB key   or   ☐ Paper (additional $25 fee)

REGISTRATION FEES:

Includes HST [U Ottawa Pediatric Associates HST Registration #820721058RT0001]

PHYSICIANS: Early: $508.50 (Daily Rate: $339)  Late (after October 4th): $536.75
NURSES: Early: $254.25 (Daily Rate: $169.50)  Late (after October 4th): $282.50
RESIDENTS: $113.00 (Daily Rate: $67.80)

Refunds (less $50.00 service charge) will be made only on cancellations received by Friday, October 4th, 2013.

☐ VISA   ☐ Mastercard   ☐ Other: _____________  Fee: $ _____________

Card #: ____________________________  Cardholder: ____________________________

Date of Expiration: ______ / ______  Signature: ____________________________

SEMINARS: Please number in order of preference. PLEASE MAKE CHOICES IN EACH SESSION.

5 Seminars to choose from in each session (repeated x1): Session #1 Friday, Sessions #2 & #3 Saturday

Remember to register early. Seminars are limited and assigned on a first come, first served basis. For more information on seminar/plenary descriptions please visit the Medical Education website, www.pediatrics.uottawa.ca

Friday, October 25, 2013: 2:05-3:05 SEMINARS - Session #1 (repeated at 3:20-4:20)

A Common Pediatric Surgical Issues  Dr. Juan Bass
B Hands-on Eye Exam  **NB: workshop limited to 15 people**  Dr. Annick Fournier
C Approach to Recurrent Fever  Dr. Anne Pham Huy
D Managing Feeding Challenges - An Interprofessional Approach  Carrie Owen, Chantal Lessard & Virginia Bourget
E When Bleeding is Too Much: Heavy Menstrual Bleeding in Adolescents  Dr. Amanda Black

Saturday, October 26, 2013: 10:15-11:15 SEMINARS - Session #2 (repeated @ 11:20-12:20)

F Asthma in the Trenches: Learning from Cases from the Real World  Dr. Tom Kovessi
G CMPA-Medicolegal Risks  Dr. Ross Berringer
H Diagnosis and Initial Management of the Child with Concussion  Dr. Roger Zemek & Dr. Kristian Goulet
I Calming Bloody Chaos: Interpreting a CBC  Dr. Eileen McBride
J Allergy/Food Sensitivity  Dr. Antony Ham Pong

Saturday, October 26, 2013: 2:20-3:20 SEMINARS - Session #3 (repeated @ 3:35-4:35)

K ADHD – What’s New?  Dr. Dhiraj Aggarwal
L Street Drugs 101  Dr. Gina Neto & OPP Staff Sgt Gary Cashman
M Approach to the –urias  Dr. Ana Tsampalieros
N Transition to Adult Care  Dr. Mike Clark
O Pediatric Sports Medicine  Dr. Elisabeth Hobden

Mail or Fax to: Ms. Louise Lafleur, Coordinator, Continuing Medical Education
Children’s Hospital of Eastern Ontario, 401 Smyth Road, Ottawa, ON  K1H 8L1

TEL: 613-737-2285  FAX: 613-738-4886

For the comfort and health of our Pediatric Refresher Course attendees and presenters, please refrain from wearing scented products. Thank you!
38th **Annual Refresher – Learning Objectives** (as of July 18, 2013)

*Through attending this session, participants will be able to:*

**Plenary Sessions – 1 hr**

Anne Rowan-Legg – Practice Guideline Update 2013
1. Describe recent pediatric evidence-based practices and guidelines applicable to family physicians and pediatricians.
2. Access pediatric resources (journals, internet websites, CPS) where guidelines can be found.

Marc Zucker – Recent Pediatric Articles
1. Discuss a selection of this year’s pediatric medical literature.
2. Use this literature to practice evidence-based medicine while treating children in a primary care setting.

Simone Fahim – Pediatric Dermatology Review
1. Recognize and diagnose a variety of common pediatric rashes.
2. Know how to manage common pediatric rashes in the primary care office.
3. Know when a referral to Dermatology is appropriate.

Panel Discussion – Empowering Parents (Maggie Mamen + Megan Harrison + Hazen Gandy)
1. Discuss the challenges faced by parents in 2013
2. Use a variety of techniques to empower parents in their parenting skills
3. Encourage parents to support their children while promoting resilience and independence

Maggie Mamen (Victor Marchessault Memorial Lecture)
"Mental Health and the Pampered Generation"
1. Discuss the factors that currently influence parenting and educational philosophies and perceived roles, and how they relate to mental health issues in children and adolescents.
2. Describe "pseudo-diagnoses" and the importance of differentiating between these and genuine mental health disorders.
3. Support a basic, common-sense, wellness approach to interventions in families.

Lindy Samson – Immunization Update
1. Discuss recent developments in childhood immunization.
2. Counsel patients and their families regarding these recent developments.

**Practice Changers (15 min + 5 min questions )**

Caroline Zuijdwijk – Type 1 Diabetes in 2013
1. Describe new treatments and insulin delivery methods available in pediatric diabetes.
2. Discuss the advantages and disadvantages of these treatment modalities.
Janice Barkey – Constipation Update
1. Describe the important historical and physical examination features to assess when seeing a child with constipation.

Sumeet Sadana – Taking Technology to the Toddler: Useful Apps for the Busy Doc
1. List helpful apps available to physicians treating children.
2. Use these apps in a busy primary care practice.

Nicole Le Saux – Pediatric Pneumonia – it just got easier!!
1. Be aware of the recently published CPS Practice Point on pediatric pneumonia.
2. Know when to suspect pneumonia and how to diagnose and treat this common infection.

Janice Barkey – GERD Update
1. Describe the important historical and physical examination features to assess when seeing an infant with gastroesophageal reflux.
2. Describe an approach to the workup and treatment of uncomplicated GER in infants.
3. Know when/where to refer infants with GERD.

JoAnn Harrold – Another jaundiced baby...how the regional screening guideline can help
1. Outline the recommendations for screening, treatment and follow-up of neonates with hyperbilirubinemia.
2. Apply these recommendations to neonates followed up in the primary care office.

Amy Plint – Management of Common Pediatric Fractures
1. Describe how common fractures (clavicle, forearm, ankle) are treated in the pediatric population.
2. Feel confident providing follow-up for these fractures in the primary care office.

Chuck Hui – Shoo flu, go away – an influenza update
1. Discuss the 2013-2014 influenza strain and proposed vaccine efficacy.
2. Anticipate and address patient/parent concerns about the seasonal influenza vaccine.
3. Promote increased acceptance of the seasonal influenza vaccine among their patients.
4. Discuss other potentially worrisome respiratory viruses.
Seminars: (1 hr/repeated x 1)

Juan Bass – Common Pediatric Surgical Issues
1. List common surgical issues encountered in infants and young children (hernias, umbilical issues, undescended testes, neck masses).
2. Describe how these problems are diagnosed and when and how they are treated surgically.
3. Know when to refer these problems to the pediatric surgeon.

Annick Fournier - Hands-on Eye Exam
1. Perform a comprehensive ophthalmological assessment for infants and children in their office
2. Treat a variety of common ophthalmological conditions commonly seen in infants and children
3. Identify concerning features or red flags that require referral to the pediatric ophthalmologist

Anne Pham Huy – Approach to Recurrent Fever
1. List the common and serious causes of recurrent fever in children.
2. Identify red flags on history and physical examination which should lead primary care providers to initiate investigations in children with recurrent fever.
3. Know when and where to refer a child with recurrent fever.
4. Reassure parents effectively regarding normal febrile illnesses seen in childhood.

Carrie Owen/ Chantal Lessard/ Virginia Bourget – Managing Feeding Challenges – An interprofessional Approach
1. Identify what makes feeding so complex
2. Describe how early learning impacts on feeding
3. Outline mealtime strategies for parents of children with feeding issues
4. Describe the referral process and CHEO’s feeding services

Amanda Black – When Bleeding is Too Much: Heavy Menstrual Bleeding in Adolescents
1. Develop a differential diagnosis for heavy menstrual bleeding (HMB) in adolescents, including common and less common etiologies.
2. Identify appropriate investigations in adolescents with HMB.
3. Select appropriate treatment options for adolescents with HMB.

Tom Kovesi – Asthma in the Trenches: Learning from Cases from the Real World
1. Describe the step-wise treatment of childhood asthma.
2. Recognize the latest Canadian Asthma Consensus guideline recommendations on pediatric asthma therapy.
3. Evaluate the latest evidence on the prevention of asthma in children.
4. List new treatments available for the treatment of childhood asthma.
Ross Berringer – CMPA – Medicolegal Risk
1. Outline common issues related to communication and documentation that are associated with medicolegal action.
2. Apply risk management strategies to prevent or increase their defensibility in the case of a medicolegal action.

Roger Zemek/Kristian Goulet – Diagnosis and Initial Management of the Child with Concussion
1. List the important historical and physical examination features used to diagnose concussion.
2. Perform a complete assessment and physical examination when following children with concussion (SCAT 2/3, BESS).
3. Apply the “return-to-play” and “return-to-learn” recommendations.

Eileen McBride – Calming Bloody Chaos: Interpreting a CBC
1. Interpret complete blood count results and know what is abnormal.
2. Develop an approach to common disorders diagnosed with the cbc.
3. Order appropriate secondary tests to make these diagnoses.
4. Treat and/or refer children with cbc abnormalities appropriately.

Antony Ham Pong – Food Allergies/Sensitivities
1. Describe the difference between food allergies and sensitivities.
2. Know the historical features, physical examination findings and investigations used to diagnose food allergies in young children.
3. Counsel parents regarding dietary restriction, elimination diets and strict avoidance.

Dhiraj Aggarwal – ADHD – what’s new?
1. Describe how to diagnose ADHD in the primary care office.
2. List new/effective treatments available for pediatric ADHD.
3. Know how to initiate pharmacologic therapy, follow-up patients and modify treatment as required.

Gina Neto/ Staff Sgt Gary Cashman (OPP) – Street Drugs 101
1. Describe emerging trends in substance use/abuse among children and adolescents
2. Describe the health and societal impacts of this substance use/abuse

Anne Tsampalieros – Approach to the “–urias”
1. List the differential diagnosis of hematuria and proteinuria.
2. Describe how to investigate and follow-up children with hematuria and proteinuria.
3. Know when to refer children with “–urias” to the Pediatric Nephrologist.
Mike Clark – Transition to Adult Care
1. Describe the challenges associated with the transition to adult care for children with chronic health conditions.
2. Advocate for patient and families as they navigate the health care system.
3. Support patients and families as they go through this transition

Elisabeth Hobden - Pediatric Sports Medicine
1. Diagnose common sports injuries seen in children.
2. Manage and follow-up common sports injuries seen in children.