**Ontario Medical Students Services, Discounts and Benefits**

Please visit our website at [https://www.oma.org/Students/index.htm](https://www.oma.org/Students/index.htm) for more information

**Legend:**
CFMS = Canadian Federation of Medical Students  
CFPC = College of Family Physicians of Canada  
(Canada) (free membership)  
CMA = Canadian Medical Association  
OMA = Ontario Medical Association  
OMSA = Ontario Medical Student Association

**Categories:**

- Educational Resources
- Financial
  - Services
  - Bursaries
- Insurance
- Medical Services
- Moving Services
- Office and Supplies
- Personal Development and Wellness
- Publications
- Technology
  - Computers
  - PDA
- Travel
  - Airline
  - Automobile
  - Hotels
  - Train
- Wireless Communications
• **Educational Resources**
  - Canadian Library of Family Medicine - *CFPC*
    - Online library resources
  - CyberMed classroom - *OMA*
    - Continuing Medical Education - online
  - McGraw-Hill Books and Products – *CMA*
    - Discounts on books
  - mdBriefcase – *CFMS*
    - Continuing Medical Education
• **Financial Services**
  - MD Financial/Management – *CMA/CFMS*
    - Banking Solutions
    - Practice Solutions
    - Line of Credits
    - Wealth Management
  - Scotiabank – *CFPC*
    - Banking Solutions
• **Financial Incentives & Bursaries**
  - Final Year Stipend – *OMA*
    - 750$/mth for last 12 months of clerkship
  - Ontario Medical Students Bursary Fund – *OMA/OMSA*
    - Financial Assistance for Medical Students
• **Insurance**
  - Kirkham and Jack - *CFMS*
    - Disability, Life, Critical Illness, Long Term Care, Travel and Health
  - OMA Insurance Services – *OMA*
    - Disability, Life, Auto, Home, etc.
• **Medical Services**
  - Lasik MD – *CFMS*
    - Laser Eye Correction Discount
• **Moving Services**
  - AMJ Van Lines – *OMA*
  - Premier Van Lines - *OMA*
• **Office and Supplies**
  - Grand and Toy – *OMA*
    - Discounts on Office Supplies
• **Personal Development and Wellness**
  - Mentorship Program - *OMA*
  - Physician Health Program - *OMA*
• **Publications**
  - CMAJ – *CMA*
    - Canadian Medical Association Journal
    - Other CMA Publications
  - Ontario Medical Review – *OMA*
- OMA Publication
  - Scrub In - **OMSA**
  - Quarterly Publication for Ontario Medical Students
- **Technology – Computers**
  - Dell Computers - **CMA**
    - 2-6% discount on computer systems
- **Technology – PDA Software**
  - Skyscape PDA Softwares - **CFMS**
    - 25% discount
    - Available on PDA, BlackBerry and iPhone
  - Various – **CMA**
    - Discounts on Lexi-Comp, Pepid, Unbound Medicine, Essential Evidence Plus, Skyscape
- **Travel – Airline**
  - Park ‘N Fly - **OMA**
    - Discounts in Toronto, Montréal, Ottawa, Windsor, Edmonton, Calgary and Vancouver
  - Porter Airlines - **CMA**
    - 6% discount on flights
  - WestJet - **CFMS**
    - 10% off during months of January and February (Residency Interviews)
- **Travel – Automobile**
  - CAA Insurance - **OMA**
    - Discount on Automobile Club Membership
    - Membership Card Show and Save:
      - LensCrafters, Universal Music, HardRock Café, Pearle Vision, Sears Optical, Payless, Sirius Satellite, NAPA Auto, Marriott Hotels, Best Western, Canada’s Wonderland, Hertz Car Rental
  - Hertz Car Rental - **CMA**
    - From compact to minivan
- **Travel – Hotels**
  - Choice Hotels – **CFMS**
    - Comfort Inn, Comfort Suites, Quality Suites, Sleep Inn, Clarion, EconoLodge and Rodeway Inn
    - 270 locations in Canada
  - Corporate Hotel Directory – **OMA**
    - Hotels in most Ontario cities have OMA Corporate Rates
    - List available in the member’s section of the OMA website
- **Travel – Train**
  - ViaRail – **CMA**
    - 5% discount
  - ViaRail – **OMA**
    - 7% discount
- **Wireless Communications**
  - Bell Mobility (BAKA) – **CMA**
    - Voice and Data discounts