



# MD Program

## Competencies and Educational Objectives

### CLINICIAN

- Demonstrate the ability to obtain a complete history and perform a physical examination on patients in all age groups.
- Demonstrate the knowledge, skills and attitudes needed to identify and diagnose persons at risk for the most common and life-threatening health problems, and to initiate appropriate management.
- Demonstrate the ability to obtain and record, on paper and electronic format, patient information in an accurate, concise and organized manner in a variety of clinical settings.
- Develop learning strategies to maintain competence as a clinician in his/her chosen field of practice.

### COMMUNICATOR

- Establish therapeutic, patient-centered communication through shared decision-making and effective, efficient, empathetic and ethical interactions with patients, families, colleagues and caregivers.
- Elicit and synthesize relevant information and perspectives from patients, families, caregivers and colleagues.
- Convey all manner of information appropriately to patients, families, caregivers and colleagues.

### COLLABORATOR

- Demonstrate knowledge of roles, skills and responsibilities of other members of the health care team.
- Demonstrate the ability to work effectively and share decision-making in an inter-professional team while working toward the same patient-centered goal.
- Demonstrate the ability to access community resources for the benefit of patients.

### PROFESSIONAL

- Demonstrate a commitment to patients, health professionals and society through behaviours reflecting honesty, integrity, compassion, empathy, respect and altruism consistent with the Faculty of Medicine of the University of Ottawa Standards of Ethical and Professional Behaviour.
- Maintain patient confidentiality and demonstrate sensitivity and respect for patient rights, opinions, and diversity.
- Recognize, acknowledge and manage medical error in an ethical, socially accountable and sensitive manner.
- Demonstrate an understanding of the evolving social contract between physicians and society.

### HEALTH ADVOCATE

- Identify and advocate for an individual patient's needs including physical, psycho-social, cultural, and spiritual aspects of health.
- Identify the health care needs of communities and populations and describe opportunities for health promotion and disease prevention.
- Identify the specific determinants of health and use them to promote the health of individuals and groups.

### SCHOLAR

- Demonstrate the ability to acquire and apply evidence-based concepts and knowledge to clinical scenarios.
- Demonstrate the ability to access and critically appraise the appropriate information and literature related to advancing knowledge in health care.
- Develop the skills to effectively facilitate the learning of persons or groups including colleagues, patients and families, and other health professionals.

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### PERSON

- Identify and appreciate the determinants of health for self and for colleagues on the health care team.
- Identify individual, population, and system level strategies and resources to promote health and well being of physicians and their families that take into account diversity of physician identities and realities.
- Demonstrate an understanding of the variety of career options in medical practice.
- Apply skills and strategies designed to promote sustainable personal and professional health and well being.

### MANAGER

- Demonstrate an understanding of health systems at a local, regional, provincial/territorial, national and international level.
- Consider appropriate use of the various health care resources and facilities when making clinical decisions.